Diapering with Cloth Diapers

Diapers worn by children should be able to contain urine and stool and minimize fecal contamination of children, caregivers/teachers, environmental surfaces, and objects in the child care setting.

* Use the Child Health Consultation (CCHC) best practice diapering procedure to diaper a child with cloth diapers as you would using disposable diapers. \*See CCHC Diapering Steps
* A diaper with a separate removable liner inside an outer cover or a cloth diaper with a waterproof cover attached, should be changed all together as one unit, and no part of it should be used again before being laundered
* If safety pins are used, close each pin immediately once it is removed (never hold pins in your mouth) and keep pins inaccessible to children
* Place the entire soiled cloth diaper and its contents (without emptying or rinsing) in a hands-free, labeled, plastic-lined container with a tight-fitting lid
* The container with soiled diapers should be stored separately from soiled clothing and not be accessible to children
* Give sealed plastic bag with soiled diapers to parents/guardians at the end of each day for laundering
* Clean and disinfect the diapering container daily

Resources:

Kentucky Child Care Health Consultation <http://www.kentuckycchc.org/>

\*CCHC Diapering Steps <https://static1.squarespace.com/static/53ce65d8e4b0939090645d85/t/584e7fd6f7e0ab56e96c6fdd/1481539549291/CCHC+diapering.English.12.16.pdf>

American Academy of Pediatrics, American Public Health Association, National Resource Center for Health and Safety in Child Care and Early Education. 2011. Caring for our children: National health and safety performance standards; Guidelines for early care and education programs. 3rd edition. Elk Grove Village, IL: American Academy of Pediatrics; Washington, DC: American Public Health Association. Also available at <http://nrckids.org>. Standard 3.2.1.2: Handling Cloth Diapers <http://cfoc.nrckids.org/StandardView/3.2.1.2>

922 KAR 2:120. Section 10. Toilet, Diapering, and Toiletry Requirements <http://www.lrc.ky.gov/kar/922/002/120.htm>